

Other volunteer experience (if any):

Organization	Position	Dates

Background Information:

Have you ever been convicted of a crime? (Please include misdemeanors and felonies)

Yes
 No

If yes, please give the nature of the conviction (answering yes does not automatically disqualify you).

Have you experienced domestic violence or sexual assault? Yes No

If yes, please explain:

Share your reasons for wanting to volunteer at MCS:

References

Name	Relationship	Phone
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Interests

Please check the area(s) that you would like to participate in as a volunteer:

- | | | | |
|-----------------|-----|---------------------|-----|
| Bookkeeping | ___ | Child Advocate | ___ |
| Cleaning | ___ | Clerical | ___ |
| Computer Help | ___ | Crisis Hotline | ___ |
| Data Entry | ___ | Donation Collection | ___ |
| Fund Raising | ___ | Graphic Arts | ___ |
| Hauling | ___ | Maintenance | ___ |
| Legal Advocate | ___ | Organizing Events | ___ |
| Outreach | ___ | Peer Counseling | ___ |
| Phone/reception | ___ | Shelter Advocate | ___ |
| Website | ___ | Yard Work | ___ |
| Art Programs | ___ | Other: _____ | |

Availability (Please indicate days and times you are most available)

Weekly ___ Monthly ___ Occasional Special Projects ___

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning							
Afternoon							
Evening							

I understand that Mountain Crisis Services/Valley Crisis Center may investigate my background, including, but not limited to my references, criminal background and suitability for volunteering at the agency. I also understand that as a volunteer I am providing my services without monetary compensation.

Volunteer Signature: _____ Date: _____

*Parent's Signature: _____ Date: _____

*(Required of volunteers under age)

Please note: All information that is provided will be kept confidential.

We know that many of our volunteers have personal experience with domestic violence and or sexual assault. When working with clients, these experiences may foster compassion and empathy. However, if the experience is recent, ongoing, or still painful, it may indicate that the training and work with clients may leave you emotionally vulnerable and interfere with your ability to effectively interact with clients.

Please consider the following before committing to a volunteer position.

1. Have you been in a violent relationship within the past two years and find yourself thinking about it frequently?
2. Has a close family member or close friend been in a violent relationship within the past two years and find yourself thinking about it frequently?
3. Have you or someone you are close to been a victim of sexual assault within the past two to three years and do you find yourself thinking about it frequently?
4. If these situations occurred more than two years ago, do you still find yourself thinking about it frequently? (once a week or more)
5. Have you recently (within the past year) participated in a treatment or recovery program for substance abuse?
6. If you participated in a treatment or recovery program previously, do you find yourself thinking about substance abuse frequently? (once a week or more)
7. If you do not think of it frequently, do discussions of substance abuse bring up thoughts and memories that are emotionally difficult for you?

If you answered yes to one or more of these, it may be that you need to consider whether or not this is the time for you to actively participate with clients.

What is your understanding of Mountain Crisis Services work?

Have you ever worked in this agency before? Yes No

If yes, In what capacity?

Are you planning to do volunteer work due to a school/class requirement? Yes No

List any special skills:

Please note our policy is that survivors of Domestic Violence or Sexual Assault delay attending the training for at least one year after receiving services from Mountain Crisis Services. While we can't verify services at another Domestic Violence/Sexual Assault location, this guideline is strongly recommended if you have received similar services from any other agency, in order to allow adequate time for the healing process.

Have you ever used Mountain Crisis Services programs and services before? Yes No

If yes, when and which services?

What is your experience with Domestic Violence and Sexual Assault?

What do you think is the major cause of violence against women?

Please share the reason you want to volunteer with Mountain Crisis Services? What are your needs?

We work with a diverse group of individuals, representing many cultures, religions, sexual orientations, belief systems, values, etc. Have you worked with a diverse group of people before and what is your comfort level doing so?

What do you feel are your strengths and weaknesses in doing this work? What skills do you bring and what concerns do you anticipate?

List 5 words that describe you.

Mountain Crisis Services approach in working with clients is to be empathetic, which means to understand a person's motivation and feelings. What does this mean to you? How can you see yourself using empathy when volunteering for Mountain Crisis Services?

Situational question: You receive a call on the crisis line from a woman who just fled from an abusive event with her partner, she's in crisis. Do you:

- A. Tell her to call the police.
- B. Educate her about Mountain Crisis Services.
- C. Encourage her to calm down and listen.
- D. Ask her to come to the shelter so that she is safe.

Please choose as many answers which you feel are appropriate and describe why you chose them. If none of these options feel appropriate, describe what you would do?

What is your availability as a volunteer? How many hours would you like to volunteer/month?

Please indicate which services you would like to participate in as a volunteer.

- Assisting in fundraisers and awareness raising events
- Providing crisis intervention with clients within emergency room setting
- Providing support and guidance to clients within our shelter
- Providing peer counseling to clients
- Utilizing a special skill or talent you have to train our clients (budgeting/money management, arts and crafts)

These opportunities are only available during normal business hours.

- Providing legal advocacy and assistance with Restraining Orders
- Providing workshops and trainings to youth within a school setting
- Assisting with light office work
- Accompanying and advocating for clients seeking social services
- Prevention work
- Other